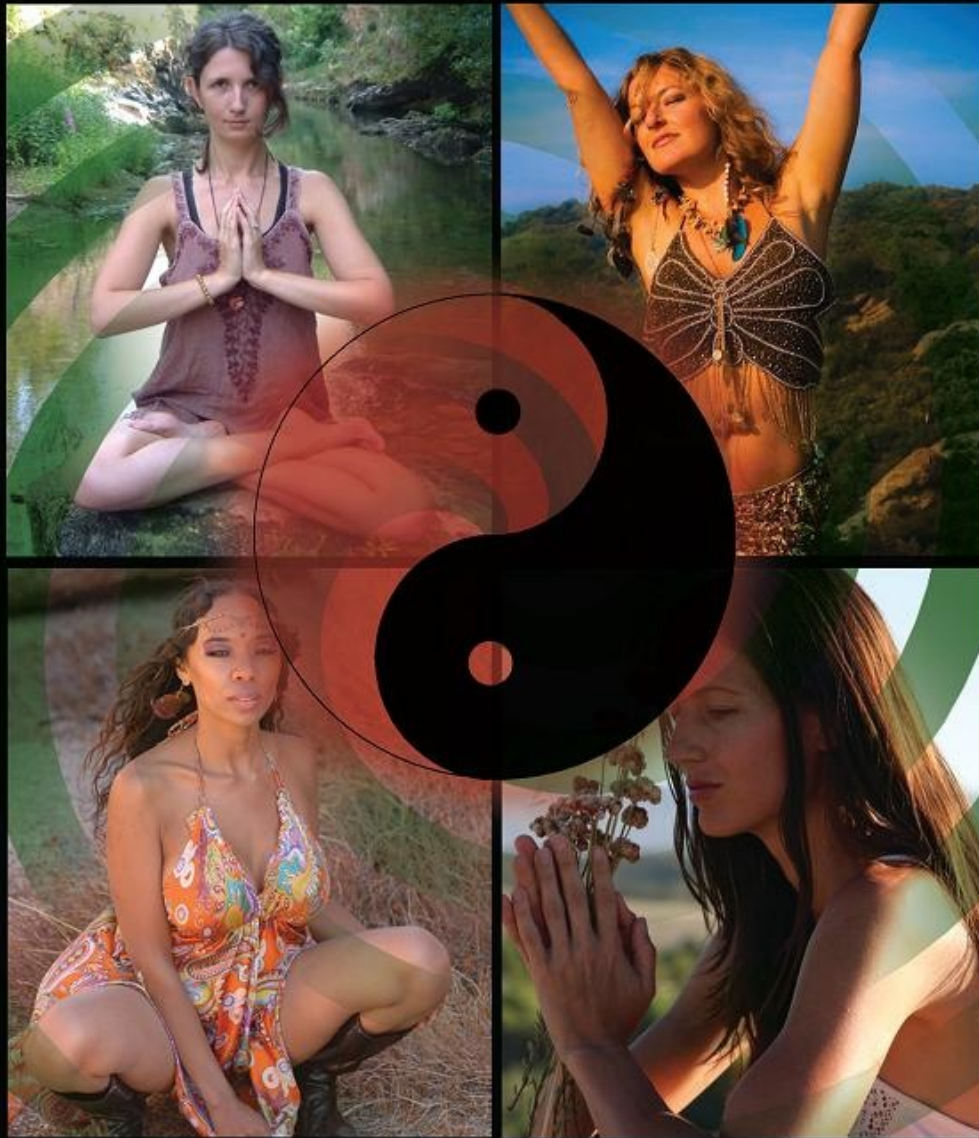


# THE MYSTERY OF WOMAN

**A Book for Men**



**Gabriel Morris**

Note: This is an excerpted version of *The Mystery of Woman*, which includes some short excerpts, the Table of Contents and the Introduction. There are 3 Parts to the book. Part 1 includes 7 chapters by Gabriel Morris. Part 2 features 24 separate essays written by women; and Part 3 features 8 essays written by men. The different essays are very unique, with their own perspectives and viewpoints. The book is not meant to convey one particular approach to love and relationships; but to explore the full range and complexity of the subject. And although the book is geared more towards men, women will certainly find it an intriguing, illuminating and thought-provoking exploration of the realm of relationships as well.

See the link at the bottom of this page to order a copy of the full book through Lulu.com; either as a paperback (which ships worldwide with local mailing rates) or as an e-book (which can be downloaded as a PDF). Lulu.com is a highly rated and secure website, and they make good quality products. And feel free to pass this excerpted version on to others! (You can save this PDF to your computer, by utilizing the icons that should appear on the lower right of this page.)

# The Mystery of Woman

*A Book for Men*

By Gabriel Morris

To order either the printed paperback (\$14.99) or e-book (\$6.99), go to: [www.lulu.com/spotlight/Gabrieltraveler](http://www.lulu.com/spotlight/Gabrieltraveler) (hold the 'Control' key and then click the link). Or else go to Lulu.com and search for *The Mystery of Woman*.

Some excerpts from *The Mystery of Woman*:

*From Chapter 4, Yin and Yang...*

Recall the Taoist yin-yang symbol in which two complementary fish-like images, one black and one white, are swirling around one another. And remember that there is a spot of black within the white symbol, and a spot of white within the black. This perfectly captures the dance of masculine (light, in this case) and feminine (dark) and is an essential piece of the puzzle. Because it embodies the fact that men and women are actually part of one unified, coexisting force of energy—not two completely separate and opposed entities. We are very different in many ways, but wholly equal and both completely necessary for one another's existence. And we are inevitably, perpetually, hopelessly intertwined with each other, now and for the rest of eternity.

*From Cosmic Union by Tracy Cooper...*

Are you a God wielding lightning with your hand, a heroic champion on a truth quest, a warrior ferociously steeled, silently stalking your next meal, a romantic creatively weaving words of homage to your lover, a gregarious lion ready to pounce, or an adventurer waiting for life to call? At different times, you have inhabited the souls of all these great men. A new role is calling. Can you hear the rustle in the wind, in your breath as you exhale, the buzzing in your ears beginning as a low hum and gaining momentum to the fever pitch heard by astronauts hitting the sound barrier, rattling the depths, forcing you to action?

*From I Want Burning: Loving a Woman on the Spiritual Path by Kylie Devi...*

Have you ever loved the type of woman who simply cannot be captured? Her beauty shines through strikingly even in the most mundane of moments. And yet, you cannot quite fathom what her beauty

is made of. She is wild one moment and peaceful the next; ecstatic for no comprehensible reason, and then sobbing into her hands at something you can't perceive or relate to only minutes later. In her eyes you see the depths of the universe; yet she can seem so youthful, innocent. It almost seems as if she needs your protection, but then...there she goes, she is free. She is untamable. She is likely to do the most profound things you have conceived of, and then on a whim make choices that perplex and stupefy, but which generally receive no explanation other than a coy smile. This, my Beloveds, is the story of any man or woman who has ever loved a woman who is in love with Love, the mystic fire.

*From **Merger** by Amanda Lyons...*

One of the greatest gifts we can give each other through sexual union is the opportunity for us to reconnect with our core. Partners who are complimentary opposites within their energetic selves have an amazing potential for fulfilling, devotional gifting—for enabling the soul of each to surface in sweet ecstasy...*if* they allow one another to move beyond the empty-grunting-humping-over-in-a-flash sex, and into a deeper experience of physical union. If they delve within so that they can know themselves fully, know their essence, then they can resurface more whole, and allow the merger of Goddess and God.

*From **Exploring Tantra** by Maya Yonika...*

Tantra in the West...is furtively called Neo-Tantra, pop or California Tantra. It is a beautiful effort to bring intimacy and human connection back into a collective on a perfectly devastating prosaic trajectory. It is a profound body of work that effectively addresses the sparks of Spiritual awakening...manifest as both urgent desires for corporeal comfort of sexuality, and the need to submerge oneself into the unknown. Yet Neo-Tantra has earned its name well, as its teachings tend to enfold upon itself; oftentimes caught within the 'lower triangle' consciousness in practice, as is the apprehension of so many of its teachers.

# *Table of Contents*

## **Introduction.**

## **Part 1: Yin vs. Yang?**

**Chapter 1.** *Make Love, Not War*

**Chapter 2.** *The Game of Love*

**Chapter 3.** *Man vs. Wild*

**Chapter 4.** *Yin and Yang*

**Chapter 5.** *Undressing the Goddess*

**Chapter 6.** *Stop and Ask for Directions*

**Chapter 7.** *Attuning to the Feminine*

## **Part 2: Women Speak**

-*Cosmic Union*, by Tracy Cooper

-*The Truth Within a Woman*, by Anaya Thomas

-*I Want Burning: Loving a Woman on the Spiritual Path*, by Kylie Devi

-*To Be Loved By A Man*, by Asttarte Deva Shakti Bliss

-*How to Love a Goddess*, by P. Maya Morgan

-*Dear Husband*, by Alice Grist

-*Co-Map Yoni, Heal Hurt, Unleash Pleasure*, by Janet Lessin

-*A Journey of Love and Learning*, by Nancy Battye

-*A Woman's Voice*, by Andrea O'Loughlin

-*How to Love a 21<sup>st</sup> Century Goddess*, by Dashama Konah

-*Merger*, by Amanda Lyons

-*What the Hades is Going On in the Celestial Temple of Love?*, by Lyvea Rose

-*Sacred Communion*, by Elaine Caban

-*Awakening the Jesus and Mary Within*, by Gabriella Hartwell

-*To the Man, Lover, Life Partner, Friend*, by Sarah Nolan

-*Using Sex Magic to Manifest Our Heart's Desires*, by Barbara

Yednak

-*Master's Muse*, by Kathleen Ann Staley

-*I See Love*, by Jena Greer

-*The Erotic Way: Heeding the Call*, by Goddess Maya

-*The Earth is the Goddess*, by Susan Kornacki

-*Lessons in Love*, by Anonymous

-*Exploring Tantra*, an interview with Maya Yonika

-*Surrendering to the Feminine*, by Charusila

-*Full Circle*, by Navneet Kaur

### **Part 3: The Yang Perspective**

-*Feel Something, Man!*, by Anonymous

-*When I Get What I NEED Instead of What I WANT*, by Martin Hannon

-*Now That I've Found Her, What if I Lose Her?*, by Marion Doerflinger

-*What Women Want Is...*, by Francis Eliot

-*Pussy Power!*, By Anonymous

-*On Being Worshipped*, by e.b. sarver

-*How I Love My Wife*, by Sasha Lessin

-*How to "Meet" a Woman*, by Martin Hannon

The essays in *The Mystery of Woman* represent a wide range of views and a remarkable body of knowledge; including a number of published authors, professionals in their fields and ground-breaking spiritual figures. Dashama Konah is a well-known yoga instructor who gives workshops around the world. Janet and Sasha Lessin are a couple (both of whom have essays in the book), and the founders of the School of Tantra on the island of Maui, Hawaii. Gabriella Hartwell is author of *You Find Your Soul Mate When You Let Go of Searching*. Maya Yonika is the main character in the documentary movie "Sex Magic: Manifesting Maya". (Her piece is actually a wide-ranging, 15-page interview I conducted with her.) Martin Hannon is the founder of the Men's Tantra Circle. All the essays include below them links to the websites of the various authors, so that the book is also a vast resource of information.

## **Introduction.**

Women have long been an enigma to men: shrouded in mystery, misunderstood, both desired and repressed, fought over, respected, honored, denied, manipulated, deified, veiled, lusted after, romanticized in countless songs and works of art and, at the very least, always keeping men scratching their heads in befuddlement.

This book is an attempt to pull away the veil, remove some of the mystery and give a glimpse into women's inner workings, desires, needs, visions, dreams, perspective, wisdom, creativity and everything else that encompasses the feminine being. It covers a variety of subjects that could hardly be more wide-ranging, tackling challenging topics from the repression of women and sexual inequalities, to tantra and sex magic; from the role of emotions in both women and in relationships, to trust, intimacy and communication; from the various shortcomings of men in relating to women, to the power of the penis, the true qualities of manhood and the importance of finding balance between masculine and feminine, yin and yang.

The book is a synthesis of writings from many different angles and varying points of view. Many are explicitly personal, whereas others come from a more professional perspective on relationships. The point isn't to tell the reader unequivocally: "this is the way it is". Because when it comes to relationships, there is no single, simple right answer. Instead, the multiple perspectives contained herein will open up the possibilities, open up the mind and heart and give a great deal of valuable information for men to work with when it comes to navigating the tricky waters of relationships.

In Part 1, drawing from my own romantic relationships and other interactions with women, I share my thoughts and insights on the ongoing struggle by men to relate with and genuinely connect with women; whether it means understanding, controlling, fighting, finding balance with, learning from, surrendering to or simply loving them as they are, mystery unsolved. I attempt to find that elusive balance between acknowledging some of the stark realities—that men have mistreated and suppressed women much more than the other way around—and delving into the true potential that exists in genuinely loving relationships between the sexes.

In Part 2, twenty-four different women tell their points of view in their own words and share their very personal thoughts and stories as they discuss everything under the sun when it comes to what they desire in relations with men. This is where the rubber hits the road, so to speak, and men will get an in-depth and totally unvarnished view of what women really want, what they need, what they think and

how they truly feel about the complex realm of relationships, love, romance, sexuality, spirituality, the Goddess energy, the real roles of men and women, and much more.

And in Part 3, eight men share their experiences, thoughts and insights on relating with women and all of the above-mentioned subjects, as well as what it really means to be a man in the world today—treading that fine line between retaining one's masculinity, honoring the feminine both without and within, and searching for a new way of relating and being that embodies both the sensitive lover, and the triumphant spirit of the warrior.

The purpose of this book is not to simply be an interesting, perhaps titillating read. And I doubt most readers will experience it that way. Instead, it is meant to help change and transform at some deeper level men's views of women, relationships, sexuality, gender roles and the true potential of both manhood and of womanhood.

Our world has been in a state of imbalance for some time, in which men have ruled and dominated women, and in so doing have distorted both women and themselves. In short, the power of women, of the Goddess, has been subjugated. But both women and men have lost something valuable as a result. What better way to straighten things out, than to hear what women really have to say?

I'm certain that in the course of reading this book, men will find women's voices and the messages contained within them not only interesting and revealing, but also deeply thought-provoking and inspiring, for men to begin creating much deeper and more rewarding relationships with the women in their lives.

**Please see below for more info about *The Mystery of Woman* and Gabriel Morris...**

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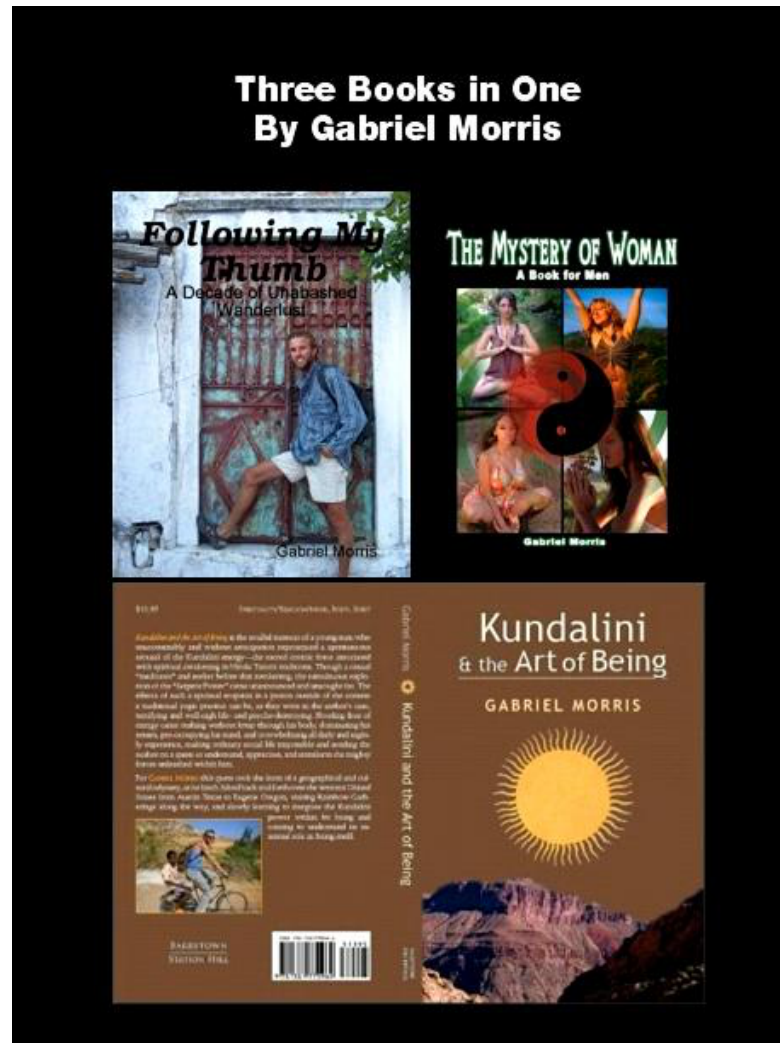
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Note: Both versions also include a FREE e-copy of *Kundalini and the Art of Being* by Gabriel Morris, a gripping tale of spiritual awakening and a cross-country hitchhiking travelogue...

**Gabriel Morris** is an author, photographer, world traveler, outdoors enthusiast and spiritual seeker, with a B.A. in World Religions. He was born in Vancouver, Canada, raised in rural northern California and has also lived in Alaska, Hawaii, Oregon and Alberta, Canada. He has been traveling the world off and on for more than twenty years, while simultaneously walking a spiritual path of learning and self-discovery. He is author of *Kundalini and the Art of Being* (Station Hill Press, 2008), a gripping spiritual adventure story and hitchhiking travelogue; and of several other books. To see photos and videos of his world travels and read excerpts from his other writing, visit his websites at [www.kundalini-fire.com/](http://www.kundalini-fire.com/) & <http://gabrieltraveler.com>. And for more information about Gabriel's other publications, including e-books, paperbacks, printed color photo books and calendars featuring his adventurous travel photography, visit [www.lulu.com/spotlight/Gabrieltraveler](http://www.lulu.com/spotlight/Gabrieltraveler). Or simply search for Gabriel Morris, or *The Mystery of Woman* on Lulu.com.

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